

**Matthew Branham M.Ac.O.M, L.Ac**  
110 Harrison St. Frenchtown, NJ 08825 908.996.2389

**Health History Questionnaire and Registration**

<b>Patient Information</b>	<b>Contact Information</b>
<p>Date _____</p> <p>Name _____</p> <p>Address _____</p> <p>City, State, Zip _____</p> <p>Age _____ Birthdate _____</p> <p>Occupation _____</p> <p>Company Name _____</p> <p>Primary Physician _____</p> <p>Physician Phone # _____</p> <p>How did you hear about us? _____</p> <p>_____</p>	<p>Home Phone _____</p> <p>Work Phone _____</p> <p>Other/Cell Phone _____</p> <p>Email _____</p> <p>Another person we may contact if needed:</p> <p>Name _____</p> <p>Relationship _____</p> <p>Home Phone _____</p> <p>Work Phone _____</p>
<b>Health History</b>	
<p>What are your primary concerns for coming in for treatment?</p> <p>1) _____</p> <p>2) _____</p> <p>3) _____</p> <p>How is your sleep? _____</p> <p>_____</p> <p>How is your digestion? _____</p> <p>_____</p> <p>List medications or food supplements you are taking:</p> <p>_____</p> <p>_____</p> <p>List serious illnesses, accidents, or surgeries:</p> <p>_____</p> <p>_____</p> <p>Check illnesses that have occurred in blood relatives:</p> <ul style="list-style-type: none"><li>• Diabetes • High blood pressure • Stroke</li><li>• Cancer • Heart disease • Kidney disease</li></ul>	<p>Check Symptoms you have or have had in the last year:</p> <ul style="list-style-type: none"><li>• Depression</li><li>• Difficulty in focusing</li><li>• Dizziness</li><li>• Easily startled</li><li>• Excessive worry</li><li>• Excessive Anger</li><li>• Excessive fear</li><li>• Fatigue/tiredness</li><li>• Headaches</li><li>• Loss of sleep/poor sleep</li><li>• Nervousness/irritability</li><li>• Overwhelmed by life</li><li>• Weight loss/weight gain</li></ul> <p>Check conditions you have or have had in the past:</p> <ul style="list-style-type: none"><li>• AIDS</li><li>• Allergies</li><li>• Anemia</li><li>• Arthritis</li><li>• Bleeding Disorders</li><li>• Breast Lump</li><li>• Cancer</li><li>• Diabetes</li></ul> <p>How long has it been since you have had a complete medical exam? _____</p>

**Matthew Branham M.Ac.O.M, L.Ac**  
110 Harrison St. Frenchtown, NJ 08825 908.996.2389

### Health History... Continued

Check symptoms you have or have had in the last year:

**MUSCLE/JOINT/BONES:**

- Tremors
- Cramps
- Swollen Joints

Pain, weakness, numbness in:

- Arms or Hips
- Back
- Legs
- Feet
- Neck
- Hands
- Shoulders
- Other \_\_\_\_\_

**EYES/EARS/NOSE/THROAT/RESPIRATORY:**

- Asthma/wheezing
- Blurred or failing vision
- Difficulty breathing
- Earache
- Enlarged glands
- Eye pain
- Frequent colds
- Hay fever
- Hoarseness
- Gum trouble
- Nose bleeds
- Loss of hearing
- Persistent cough
- Ringing in ears
- Sinus problems

**SKIN:**

- Boils
- Bruise easily
- Dry Skin
- Itching/rash
- Sensitive skin
- Sores that won't heal
- Sweating (unusual i.e. night, easily, etc.)

**GENITO-URINARY:**

- Blood/pus in urine
- Frequent Urination
- Inability to control urine
- Kidney infection/stones
- Lowered libido

**CARDIOVASCULAR:**

- Chest pain
- Hardening of arteries
- High or low blood pressure
- Pain over heart
- Poor circulation
- Previous heart attack
- Rapid/irregular heart beat
- Swelling of ankles

**GASTROINTESTINAL**

- Belching, gas, or bloating
- Colon trouble
- Constipation
- Diarrhea
- Difficulty swallowing
- Distention of abdomen
- Excessive hunger
- Gall bladder trouble
- Hemorrhoids (piles)
- Indigestion
- Nausea
- Pain over stomach
- Poor appetite
- Vomiting

**FOR MEN ONLY:**

- Erection difficulties
- Penis discharge
- Prostate trouble

**FOR WOMEN ONLY:**

- Bleeding between periods
- Clots during menstruation
- Excessive menstrual flow
- Extreme menstrual pain
- Irregular cycle
- Menopausal symptoms
- PMS
- Previous miscarriage
- Scanty menstrual flow

Could you be pregnant? \_\_\_\_\_

**Matthew Branham M.Ac.O.M, L.Ac**  
110 Harrison St. Frenchtown, NJ 08825 908.996.2389

<b>Signature</b>	
The information on this form is correct to the best of my knowledge.	
Signature _____ Date _____	